



# CRACK OF THE BAT • PITCHING CLINIC



At THE COMMUNITY SPORTS PLEX ON ROBINSON HILL RD IN ENDWELL

**Ages:** 7 – 9 yrs old & 10 – 12 yrs old

**Dates:** Every Monday in March (1<sup>st</sup> – 8<sup>th</sup> – 15<sup>th</sup> – 22<sup>nd</sup>)

**Times:** 7-9 yrs old (4-5pm) ● 10-12 yrs old (5-6pm)

**Where:** THE COMMUNITY SPORTS PLEX ON ROBINSON HILL RD IN ENDWELL

\*\*\* This camp will be limited to 16 boys in each age group. Once payment in full is received your spot will be secured \*\*\*

**This clinic will be overseen and run by  
BU Bearcats pitching coach Andy Hutchings**

Campers will learn a proper delivery through a series of repetitive flat ground drills designed to improve command consistency, velocity, confidence, and the overall health of the arm.

**Below are some areas and drills that will be promoted at the clinic:**

- Proper stretching for throwing arm*
- Drills that promote balance throughout your delivery*
- Drills that promote different grips and help develop feel for your pitches*
- Drills that promote throwing strikes*
- Drills that promote developing arm strength*
- Pitcher's fielding drills (PFP's)*

**CrackoftheBatCamps.com**

Director: Ryan Hurba - Assistant Baseball Coach - Binghamton University

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**PLEASE DETACH AND RETURN BELOW PORTION WITH CHECK FOR \$100** (Make checks payable to CRACK OF THE BAT CAMPS)

Mail to: RYAN HURBA – BU BASEBALL OFFICE, PO BOX 6000, BINGHAMTON, NY 13902

PLAYER NAME \_\_\_\_\_ HEALTH INSURANCE CO. \_\_\_\_\_

ADDRESS \_\_\_\_\_ POLICY# \_\_\_\_\_

ZIP \_\_\_\_\_ EMERGENCY CONTACT NAME \_\_\_\_\_

PHONE \_\_\_\_\_ EMERG. CONTACT # \_\_\_\_\_

AGE \_\_\_\_\_ E-MAIL ADDRESS \_\_\_\_\_

" \_\_\_\_\_ " has my permission to participate in the Crack of the Bat Camps at The Community Sports Plex (TCSP) at Robinson Hill Rd. I understand what the aforementioned activity involves and believe that the aforementioned person is in the proper physical condition to participate. I understand that I/WE will be responsible for any injuries to my child resulting from or in connection with camp activities while at (TCSP) or in route to or from (TCSP). I hereby release, absolve and hold harmless the Crack of the Bat Camps, its staff; including all coaches, directors & members. I also release, absolve and hold harmless (TCSP) and its entire staff as well.

SIGNATURE OF PARENT/GUARDIAN \_\_\_\_\_